

Caledonia's Vision for its housing and services to older people is to provide a range of service options that meet the different needs and aspirations of older people with:

#### PROPERTY STANDARDS

Modern accessible housing in a safe, well maintained environment with a range of services and facilities available to support independent, active living.

#### QUALITY LANDLORD SERVICES

Good quality, readily available information and advice about managing and maintaining their homes and taking an active part in their communities.

#### ACCESSIBLE HOME FEATURES

Home features can include grab rails, level access bathroom facilities and level access entrances where possible.

Please note not all of our properties are suitable for those with mobility issues. Please discuss your needs fully with your Housing Officer.

#### FLEXIBLE SERVICES

A range of flexible care and support services to meet individual's needs and aspirations based on a person centred approach.

#### SUPPORT INDEPENDENT LIVING

Practical assistance that allows older people to live well in a safe and comfortable environment.

#### PROMOTE GOOD HEALTH & WELLBEING

Facilities that allow older people, their friends and family to enjoy their home and feel part of the community.

**Other Services for Older People** "Caledonia: offering flexible services, providing sustainable homes & creating vibrant communities."

**Guest Rooms** At most of our complexes we also provide guest rooms for visitors, friends and family which can be booked via the Scheme Manager. A small fee is charged per night.

**Common Rooms** Our Housing for older people is designed to offer a sense of community and our common rooms are in regular use with activities such as social events and exercise classes.

A local **Home Help** service provides practical and personal assistance with tasks such as shopping, housework and laundry services. An hourly rate is charged for the service. Please contact us to see if the HH service operates in your area.

**Volunteering and Befriending** Our project aims to reduce isolation and encourage more supportive communities. We like to encourage older people to take part in activities and events at their schemes.

Training can also be provided to allow tenants, friends and families to become a befriender or volunteer to help with the wide range of activities on offer.

**HOPE Project (Helping Older People Engage)** We have a housing support and engagement worker in Dundee who can advise and support older people living in the community with advice about housing and support options. The project also focusses on ensuring older people are not socially isolated and connects them with activities and resources in their communities.

If you wish to view any of our accommodation or get information regarding our stock locations please visit our website [www.caledoniaha.co.uk](http://www.caledoniaha.co.uk) or contact us via...

**0800 678 1228** [info@caledoniaha.co.uk](mailto:info@caledoniaha.co.uk)

**Perth Office:** 5 South St John's Place, Perth PH1 5SU (Registered Office)

**Dundee Office:** 118 Strathern Road, Broughty Ferry, Dundee DD5 1JW

#### INFORMATION IN OTHER FORMATS

If you have difficulty in reading or understanding English and require help in translating or interpreting any information that Caledonia Housing Association provides, or if you have other special requirements and need further help, please ask at reception or contact us on 0800 678 1228.



Caledonia Housing Association is the trading name of Caledonia Housing Association Ltd. Caledonia Housing Association Ltd is a registered society under the Co-operative and Community Benefit Societies Act 2014 - Reg. No. 2343R(S). Scottish Housing Regulator Reg. No. HEP 224. Scottish Charity No. SC013988. Care Inspectorate (No. SP2003001618). Property Factor Reg. No. PF000222.



# Housing & Options for Older People

Homes and Services that make life better!



## Caledonia have a wide range of accommodation available to suit everyone.

We work in partnership with the Local Authorities and our property is allocated via each area's Common Housing Register. If you are applying for **Sheltered**, **Very Sheltered** or **Housing with Care** you will be asked to complete a medical form so your need for support can be assessed alongside your housing application.

This leaflet details the housing options available to the over 60s with Caledonia, showing the facilities and services on offer and the locations in which you can find the type of home you are looking for.

### What our staff do...

Our staff team are available to provide advice and assistance when you need it.

#### STAFF ON SITE can assist with:

- Tenancy management issues including advice and information about your rent and service charges, alterations & adaptations to your home, estate management and neighbour issues.
- Referring you for additional support if it's required.
- Arranging repairs.
- Looking after general health and safety in your home.
- Testing equipment including the warden call system in your home, carrying out regular fire safety checks.

- Managing communal facilities including booking Guest Rooms, Laundry, and Gardens.
- Support and encourage social activities including lunch clubs, events and activities at the scheme including involvement via meetings and tenant groups.

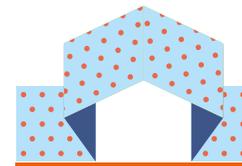
**STAFF ON SITE in Sheltered and Very Sheltered Housing** can also assist with the following:

- Agree a support or care plan with you to help manage your overall health and wellbeing.
- Regular welfare calls and visits where required.
- Prompting and supporting you to access other services.

## Housing Support Services

In our **Sheltered** and **Very Sheltered Housing** we provide housing support on behalf of the local authority. A 'Support Charge' is levied to tenants for this element of the service. A financial assessment will be carried out by the council to determine how much you will pay.

Our Housing Support or Care at Home Services are registered with the Care Inspectorate and service will be delivered in line with the National Care Standards. We are regularly inspected to ensure we deliver the care and support agreed in the support plan.



	RETIREMENT	SHELTERED	VERY SHELTERED
	Modern housing designed for over 60s with accessible features, communal facilities and a Scheme Manager on site 5 days per week to assist with Housing Management issues.	All of the benefits of Retirement Housing but with an individually tailored support plan to meet your needs. Staff on site 7 days a week.	All of the benefits of Retirement Housing but with an individually tailored support plan to meet your needs. Staff on site 7 days a week. This comes with a meals service.
<b>AGE</b>	+60	+60	+60
<b>COMMUNAL FACILITIES</b>	Yes	Yes	Yes
<b>STAFF ON SITE</b>	5 DAYS A WEEK	7 DAYS A WEEK	7 DAYS A WEEK
<b>HOUSING SUPPORT SERVICES</b>	No	Yes	Yes
<b>MEALS SERVICE</b>	No	No	Yes
<b>CARE AT HOME SERVICE</b>	No	No	Yes At Dickson Avenue
<b>EMERGENCY CALL SYSTEM</b>	Yes. Calls are received by BR24. They will contact assistance from your next of kin or emergency service where appropriate	Yes. Calls are answered by Community Alarm Service who provide a mobile response service	Yes. Calls are answered by Community Alarm Service who provide a mobile response service

## Plan ahead and enjoy retirement with Caledonia

LOCATION	RETIREMENT HOUSING	SHELETERED / VERY SHELTERED
<b>DUNDEE</b>	For over 60's Scheme Manager on site 5 days to assist with housing management issues. Alexander Street Finlarig Terrace Finlarig Crescent Joan Bartlett House Martingale Gardens Mulligan Court	Housing for over 60s with an individual support plan and optional meals service. Muirlands at Seafield Lane Magdalen Yard Road Dickson Avenue <i>care at home service also provided here</i>
<b>FIFE</b>	The Maltings, Ladybank Queen Street, Tayport Kinbrae Park Gardens, Newport-on-Tay*	
<b>ANGUS</b>	Sidlaw Gardens, Birkhill* High Street, Monifieth Standard Close, Montrose*	
<b>PERTSHIRE</b>	Burnside Court, Alyth Bowerswell Memorial House, Perth Muirmont Place, Bridge of Earn* Willowbank, Dunkeld* Viewlands Place, Errol	Canal Street, Perth Corrie Place, Scone Cameron Court, Comrie Almond Place, Comrie Tay Place, Comrie

\*First floor properties at these locations have no lift access and are not suitable for those with mobility issues.